

Time	Event	Category	Time	Jr. Boys	Int. Boys	Sr. Boys	Jr. Girls	Int. Girls	Sr. Girls
9:30	Coaches Meeting		9:30	Coaches Meeting					
9:40	3000m	Girls	10:10	Shotput	Triple Jump	Javelin	Long Jump	Discus	High Jump
10:00	3000m	Boys	10:50	Triple Jump	Shotput	High Jump	Discus	Long Jump	Javelin
10:25	100 m Heats	Girls	11:30	Long Jump	Javelin	Shot put	High Jump	Triple Jump	Discus
10:50	100 m Heats	Boys	12:10	Discus	High Jump	Long Jump	Javelin	Shot Put	Triple Jump
11:10	800m Timed Final	Girls	12:50	High Jump	Discus	Triple Jump	Shot Put	Javelin	Long Jump
11:30	800m Timed Final	Boys	1:30	Javelin	Long Jump	Discus	Triple Jump	High Jump	Shot Put
11:50	200m Timed Final	Girls	2:10	CLEAN UP					
12:10	200m Timed Final	Boys							
12:30	400m Timed Finals	Girls							
12:50	400m Timed Finals	Boys							
1:10	100m Final	Girls							
1:15	100m Final	Boys							
1:25	1500m Finals	Girls							
1:45	1500m Finals	Boys							
2:10	4x100m Relay	Girls							
2:25	4x100m Relay	Boys							