

Sponsored by the School Council of
Pembina North Community School

Recognizing On-Line Exploitation and Disclosure Training

Parents, Caregivers,
School or Community Volunteers:
Attend One or Both of these Free Sessions
Led by The Saffron Centre

The Saffron
Centre is a
non-profit agency
offering proactive
education to
bring an end to
sexual violence.
www.saffroncentre.com

Friday, June 3

Session 1 @ 10:00 am Session 2 @ 11:20 am
Location: PNCS

Session 1: Recognizing On-Line Exploitation

- Safe screen time, social media platforms and video games.
- The reality of on-line exploitation, what to do when it is encountered and how to support youth experiencing it.
- How to think critically about what youth might see on-line and how to give them the skills to understand how to stay safe on the internet.

Session 2: Disclosure Training

- Recognizing signs of distress in others and how to properly approach a conversation when symptoms of trauma are evident.
- Active listening techniques including what is and is not appropriate to say when receiving a disclosure of sensitive information.
- Legal responsibilities of a person receiving a disclosure.
- After-care and self-care techniques for attendees to use and share.